DA Health Screening Packages

Health Checks for Men

- Essential and comprehensive health checks tailored to your age
- Get screened conveniently at home, or at any of our 8 DA clinics islandwide
- Includes 1-1 GP consultation to review your health screening results

Non-Fasting

Health Screening Package *Recommended Age* Home-Based Option (+$45)		Men Core *20-30* $86	Men Select *30-40* $140	Men Elite *40+* $195	Men Prestige *All* $358
Physical Test	› Height, Weight and BMI	✓	✓	✓	✓
Blood Pressure	› Blood pressure measurement	✓	✓	✓	✓
Diabetic	› Glucose (HbA1c)	✓	✓	✓	✓
Lipid & Cardiac	› Total Cholesterol	✓	✓	✓	✓
	› HDL, LDL, Chol/HDL Ratio	✓	✓	✓	✓
	› Triglycerides	✓	✓	✓	✓
	› Creatine Kinase		✓	✓	✓
	› High Sensitive C Reaction		✓	✓	✓
Haemotology	› Full Blood Count (includes Hb Indices)	✓	✓	✓	✓
	› ESR		✓	✓	✓
Kidney	› Urea	✓	✓	✓	✓
	› Creatinine	✓	✓	✓	✓
	› Sodium, Potassium, Chloride	✓	✓	✓	✓
	› eGFR	✓	✓	✓	✓
Liver	› Bilirubin, Total	✓	✓	✓	✓
	› Protein, Albumin, Globulin	✓	✓	✓	✓
	› A/G Ratio	✓	✓	✓	✓
	› ALT (SGPT), AST (SGOT)	✓	✓	✓	✓
	› Alkaline Phosphatase	✓	✓	✓	✓
	› GGT	✓	✓	✓	✓
Bone & Joint	› Calcium			✓	✓
	› Phosphate			✓	✓
	› Uric Acid		✓	✓	✓
	› Rheumatoid Factor (RF)			✓	✓
STD Screen	› VDRL (RPR)				✓
	› TPHA (if VDRL is reactive)				✓
Urine Analysis	› Urine FEME		✓	✓	✓
	› Urine Microalbumin/Creatinine		✓	✓	✓
Stool Analysis	› Stool Occult Blood (Card)			✓	✓
Hepatitis	› Hep B Antigen & Antibody				✓
	› Hep A IgG Antibody				✓
	› Hep C Antibody				✓
Thyroid	› Free T4 (FT4)			✓	✓
	› Thyroid Stimulating Hormone			✓	✓
Cancer Markers	› Alpha Fetoprotein (Liver)			✓	✓
	› Carcinoembryonic (Colon) CEA			✓	✓
	› CA19.9 (Pancreas)			✓	✓
	› PSA (Prostate)		✓	✓	✓
	› Nose & Throat (EBV)				✓
Add-Ons	› Refer to the next page for available add-on tests				

Rates published are inclusive of GST.

Learn more and book online at **doctoranywhere.com/health-screenings**

Health Screening Add-Ons

Customise your health screening package with these add-on options, available in-clinic or at home

Cancer Markers (Blood sample tests)

Alpha Fetoprotein (Liver) Marker (AFP) — $44

High levels of AFP can be a sign of liver cancer, as well as noncancerous liver diseases such as cirrhosis and hepatitis.

Note: This test is already included in: Elite / Prestige packages

Breast Cancer Marker (CA15.3) — For women only — $44

This test measures the amount of cancer antigen 15-3 (CA 15.3) and is used to monitor certain types of cancer. Do note that CA 15.3 should not be used solely as a screening or diagnostic test for breast cancer.

Carcinoembryonic (Colon) Marker (CEA) — $44

This test measures levels of CEA in your body. A high level of CEA can be a sign of certain types of cancers. These include cancers of the colon and rectum, prostate, ovary, lung, thyroid, or liver.

Note: This test is already included in: Elite / Prestige packages

Testes (Beta HCG) — For men only — $44

An increased level of hCG is seen with gestational trophoblastic disease and some germ cell tumors (benign and cancerous). For women, germ cell tumors can occur in the egg-producing cells of the ovaries and are more often seen in younger women. For men, however, germ cell tumors can affect cells within the testicles that make sperm and account for more than 90% of testicular cancers.

Nose and Throat Marker (EBV) — $50

Epstein-Barr Virus is a common virus, which can be linked to several rare cancersl Hodgkin-Lymphoma, Nasopharyngeal carcinoma etc.

Note: This test is already included in: Prestige package

Pancreas Cancer (CA19.9) — $44

This test screens for pancreatic cancer. The pancreas produces enzymes to digest food, as well as insulin to regulate blood sugar.

Note: This test is already included in: Elite / Prestige packages

Stomach Ulcer Marker, Heliobacter Pylori — $50

This test determines presence of the Helicobacter Pylori bacteria in the stomach. This bacteria causes chronic inflammation which may lead to stomach ulcers and gastritis.

Others

ECG (Available in-clinic only) — $33

An electrocardiogram (ECG) is a simple test that can be used to check your heart's rhythm and electrical activity.

Vitamin D — $88

A blood sample test to determine Vitamin D levels in your body and risk of osteoporosis.

STD Screen — $109

A blood sample test for the detection of HIV, Syphilis, Hepatitis B and Hepatitis C.

Pap Smear (Available in-clinic only) For women only — $88

Screening for cervical cancer and is recommended for women aged between 25 and 29 years old.

HPV DNA Test (Available in-clinic only) For women only — $105

Screening for cervical cancer and is recommended for women aged 30 years and older.

Imaging*

Bone Mineral Density — $129

This test checks for the bone density of your hip and spine to diagnose osteoporosis.

Chest X-Ray (filmless) — $19

Chest X-Rays can help detect abnormalities or diseases of the airways, blood vessels, bones, heart and lungs.

Mammogram For women only — $239

The mammogram is currently the most reliable screening tool for breast cancer. It can detect the presence of cancerous lumps even before they can be felt with the hand.

Annual screening mammography is recommended for women aged 40 years and above.

Imaging* (Continued)

Ultrasound: Abdomen — $239

An abdominal ultrasound is a non-invasive procedure used to assess the organs and structures within the abdomen. This includes the liver, gallbladder, pancreas, bile ducts, spleen.

Ultrasound: Breasts — For women only — $129

Recommended for women below 40 years old, doing a breast ultrasound helps to evaluate possible abnormalities, such as tumours or cysts, in your breast tissue.

Ultrasound: Hepatobiliary — $189

Hepatobiliary ultrasound is used to detect certain conditions such as lesions as well as assess the function of the liver, gallbladder, and bile ducts.

Ultrasound: KUB — $189

KUB ultrasound evaluates the condition and any changes in the urinary tract, which includes the kidneys, ureters, and urinary bladder.

Ultrasound: Pelvis — For women only — $129

The ultrasound of the pelvis detects abnormalities of the ovaries, fallopian tubes, uterus and bladder in women. This test is recommended if you have irregular menstrual bleeding or have a family history of gynecological cancers.

Ultrasound: Prostate — For men only — $209

Prostate ultrasound is used to detect possible disorders within a man's prostate gland. Ultrasound images can indicate when the prostate is enlarged or when there is an abnormal growth that might be cancer.

This test is recommended if you experience difficulty urinating or feel the need to urinate more frequently than normal, or if you have a family history of prostate cancer.

*Note: Add-on tests that require radiology exams, such as x-rays and ultrasounds, are done at our partnering centres. Our staff will assist you with booking your appointment during your health screening.